

DISCIPLESHIP SELF-ASSESSMENT

Print this page and highlight the statement on each horizontal line that best reflects where your heart is today.

Welcome to the Discipleship Assessment! Just like getting an annual physical to evaluate your health, this assessment is designed to give you a snapshot of your spiritual health. The assessment only takes about 10 minutes, and there are no shots required!

Before taking the assessment, read through the Opening Concepts section in the Discipleship Guide. Make sure you're in a quiet place where you can reflect and answer each question as honestly as possible. Pray before you start, asking the Spirit to fill you and guide you.

Remember, this information is simply to help you see areas of spiritual maturity and opportunities to grow. Take this information to your group leader and process it with them. Our prayer for each of us is that through this process we would hear the invitation of our friend Jesus into deeper growth and intimacy with Him.

	EXPLORING	DEVELOPING	DIVIDED	DEEPENING	FLOURISHING
JESUS	I am curious about Jesus.	I have given my life to Jesus.	I am excited but, at times frustrated with my faith.	My relationship with Jesus is expressed in many areas of my life.	I love Jesus deeply and long for increasing intimacy.
CORPORATE WORSHIP	I rarely attend worship.	I attend worship occasionally.	I attend worship 1-2 times per month.	I participate in worship regularly.	I actively participate in worship weekly and also seek private worship.
PRAYER	Sometimes I pray.	I pray for the needs of others and myself.	I pray daily for others and confess my struggles.	Daily, I worship God in prayer, confess my struggles and learn new ways of praying.	I practice solitude, fasting and listening prayer. I pray for and with others.
SCRIPTURE	I occasionally read the Bible.	I read the Bible to know Jesus and find out how to live.	I read the Bible to listen to God. I try to memorize. I try to study.	I read, reflect and listen to God through the Bible, daily. I study the Word with others.	I read the Word, engaged with the Spirit for personal reflection. I study/teach the Bible.
COMMUNITY	I have a few friends who are Christians.	I am loosely connected to a group of Christians.	I am occasionally involved in a small group.	I am involved and committed to a small group.	I am committed/lead a small group. These people are close friends who have access to my heart.

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EMOTIONAL HEALTH	It is difficult for me to admit I am wrong, or tell others what I'm feeling.	I can confide in a few close friends and can usually ask for forgiveness.	I can usually be vulnerable and can readily admit when I'm wrong.	I resolve conflict in a direct way, admitting when I'm wrong. I'm emotionally available to others.	I speak freely about my weaknesses and failures and admit wrongs readily.
LEADERSHIP	I am willing to have someone lead me.	I have an infrequent discipleship relationship.	I have someone who is discipling me regularly.	I am in a discipleship relationship with intimacy and accountability.	I am actively making disciples.
GENEROSITY	I don't give to the church.	I occasionally give a small offering in response to God's love and provision in my life.	I try to give regularly and budget money to give.	I believe all I have belongs to God and I give out of duty and devotion to Him.	I give joyfully, generously and sacrificially.
SERVING	I rarely serve in my community or the church.	I occasionally serve and would like to learn more about my gifts and serving.	I have found an area to serve.	I am using my gifts to serve and make God's love real.	I am actively serving and using my gifts, growing and sharpening my skills.
EVANGELISM	I don't know enough about Jesus to tell others.	I admire others who share their faith but I don't know how.	I am sensitive to the spiritual condition of others and try to talk about Jesus.	I am actively involved in the lives of unbelievers to share the gospel of Jesus.	I intentionally seek to build relationships with unbelievers and initiate conversations about Jesus.