## Jehovah Shalom: The Lord is Peace

I. Opening

2 Cor. 3:18

Jehovah

Shalom

The Lord is peace means that's God's holy heart toward us is friendly: Jesus came from God's heart so we can have peace with God and live in the peace of God.

- II. Judges 6
- III. The Holiness of God
- IV. Jesus

John 20:19-21

Romans 5:1-2

Luke 12:4-7

The sweet truth at the core of your life if you belong to Jesus—it is well with your soul. You have peace with God.

- V. So how do we live in the peace of God?
  - A. Resources:

"Live no Lies" by John Mark Comer.

"Life without Lack" Dallas Willard

"Anxious for Nothing," Max Lucado

Cultivating Peace in an Age of Anxiety (This bible study—December 2, 2020).

- B. Steps for Warfare
  - 1. This is a prayer and journaling exercise (adapted from John Mark Comer) to help you identify common sensations and lies. Then you can rebuke the enemy and turn your mind to the truth many times during the day as the result of having taken the time to do this exercise:
    - a. Identify the feeling, thought, or sensation
    - b. What is the lie beneath the feeling, thought or sensation?Why is this lie easy for me to believe? What's my story around that lie?
    - c. What is the truth? Which bible verse contains the truth you need to replace the lie?

- 2. During the day, when you feel the sensation or think the thought:
  - Recognize what is happening
  - Resist
  - Rebuke: Say, "The Lord rebuke you, Satan. Be gone from me."
  - Recite the verse that holds the truth you need, fixing your eyes on Jesus.
  - Rejoice: Practice gratitude by thanking the Lord for everything that is true in that verse.

"You keep him in perfect peace whose mind is stayed on you, because he trusts in you." Isaiah 26:3.